

# FUN FOR GOOD CHALLENGE!

Create good habits with your kids whilst having fun! Get them to take part in the reusable tub challenge.



20 minutes



Easy



Nesquik tubs are reusable. Once empty they can be made into many things, including a plant pot, so your kids can grow their own plant at home!



## Some ideas to get you started:

**STEP 1** - Let your kids choose a plant to they want to grow. Choosing the correct kind of plant for the size of the tub is key.

**STEP 2** - Make 4 or 5 holes in the bottom of the tub. This allows for the excess water to drain when watering the plant.

**STEP 3** - Add soil into the box, fill to about halfway.

**STEP 4** - Insert the plant seeds into the soil.

**STEP 5** - Water wisely, some plant needs more water than other, so make sure you know how much yours needs.

*Adult supervision required*

