

## Chocolate Crepe & Fruit Straws



It's all hands-on deck for these Nesquik® Chocolate Crepe & Fruit Straws. Get everyone involved with threading on their own fruit & crepes.

Serves: 12 (1 straw per portion)

Difficulty: Easy

Prep Time: 15 minutes | Cook Time: 10 minutes

Ingredients:

For the crepes:

100g plain flour

2 large eggs

150ml semi skimmed milk

[15g Chocolate Nesquik Milkshake Powder](#)

1 tsp vegetable oil

For the dip:

175g fat free greek yogurt

[50g Chocolate Nesquik Milkshake Powder](#)

For serving:

150g strawberries, halved

150g mango, cut into large pieces

2 tbsp chocolate Sprinkles

You will also need:

12 straws

Method:

1. For the crepes: add the flour and Nesquik into a large mixing bowl to mix to combine. In a jug, add the eggs and milk and whisk with a fork to combine. Make a small well in the middle of the dry

ingredients and add in the wet ingredients. Gently whisk together until you have a completely smooth batter.

2. Heat a non-stick frying pan over a medium heat and grease with the oil. Make sure to completely coat the bottom of the pan.

3. Pour approximately 4 tbsp of batter into the pan, tilting so that there is a thin coating on the base of the pan.

TIP: You can either use a ladle to transfer the batter to the pan or decant all the batter into a jug for an easier pour.

4. Cook for 1 to 1 ½ minutes then flip carefully with a spatula and cook for a further minute. Transfer to a plate and cover with a clean tea towel to keep warm whilst you make the remaining crepes (the batter should make around 6 crepes total)

5. For the dip: mix together the Nesquik and yoghurt until smooth and transfer into a small bowl for dipping.

6. To assemble: roll the crepes and slice each one in to 6 equal pieces. Feed a slice of crepe onto the straw followed by a piece of strawberry or mango – repeat until you have x3 pieces of crepe and x3 pieces of fruit per straw.

7. Serve with a tablespoon of Chocolate Yoghurt Sauce and a smattering of Chocolate Sprinkles!

**Each fruit straw with (1/12th of) dip typically contains:**

Energy	Fat	Saturates	Sugars	Salt
393 kJ 93 kcal	1.6 g	0.5 g	7.8 g	0.08 g
5%	2%	3%	9%	1%

of an adults Reference Intake (RI)\*

Energy per 100g: 571 kJ / 135 kcal